



Grein: **Bench Rest 100+200m Skor**
Mótshaldari: **Skotfélag Húsavíkur**

Heiti: **Íslandsmót 2025**
Dags: 6. - 7. september



Röð	Nafn	Félag	Fæ.ðá	100m	X	200m	X	Alls stig	Alls X	Lás	Cal	Hlaup	Smiður	Þyngd
1	Kristbjörn Tryggvason	SA	1977	250	16	250	6	500	22	BAT DS	30 BR	Krieger	H. Nik/AAJ	5390
2	Finnur Steingrímsson	SA	1960	250	14	248	4	498	18	BRS 2	6 PPC	Krieger	BRS/V Long	6100
3	Jóhannes Haukur	SKH		249	17	248	6	497	23	Borden BR	30 BR	Krieger	H. Nik/ V Long	6070
4	Garðar Tryggvason	SA		249	14	247	6	496	20	Stolle Panda	30BR	Krieger	AAJ	5994
5	Arnar Oddsson	SA	1965	248	12	247	5	495	17	Borden BR	30 BR	Krieger	H.Nik	6062
6	Erla Sigurgeirsdóttir	SA	1967	249	10	245	6	494	16	Shilen DGA	6 PPC	Hart	AAJ	6110
7	Jón B Kristjánsson	MAV	1969	246	8	247	2	493	10	Stolle Panda	6 PPC	Krieger	V Long	5980
8	Gylfi Sigurðsson	SKH	1962	248	13	0	0	0	13	BAT B	30 BR	Hugh Will	H. Nik/ V Long	5744